

LAGRANGE SENIORS

AUGUST 2026



TUESDAY		THURSDAY	
4th	9:30 Board Games/Cards 9:30-1:30 Open Mahjong Tables 11:00 Organizational meeting for Sunshine Club. Brainstorm, attend if interested. 12:00 August Birthday Celebration Cake	6th	9:30-1:30 Open Mahjong Tables 9:30 Balance/Strength Exercise Class 11:00 Chair Yoga 12:00 Pizza Lunch 12:30 Creative Connections
11th	9:30 Board Games/Cards 9:30-1:30 Open Mahjong Tables 10:30 Book Folding with Danette	13th	9:30-1:30 Open Mahjong Tables 9:30 Balance/Strength Exercise Class 11:00 Chair Yoga 12:00 Pizza Lunch 12:30 Creative Connections
18th	9:30 Board Games/Cards 9:30-1:30 Open Mahjong Tables 10:30 Art with Sandy	20th	9:30-1:30 Open Mahjong Tables 9:30 Balance/Strength Exercise Class 11:00 Chair Yoga 12:00 Pizza Lunch 12:30 Creative Connections
25th	9:30 Board Games/Cards 9:30-1:30 Open Mahjong Tables 10:30 Guest Speaker: DC District Attorney Anthony Parisi 11:30 Complimentary Lunch for those registered for guest speaker	27th	9:30-1:30 Open Mahjong Tables 9:30 Balance/Strength Exercise Class 11:00 Chair Yoga 12:00 Pizza Lunch 12:30 Creative Connections

NOTES:

**PIZZA LUNCH EVERY THURSDAY
\$2.00 SLICE**

**REGISTER FOR:
SUNSHINE CLUB MEETING 8/4
BOOK FOLDING WITH DANNETTE 8/11
ART WITH SANDY 8/18
BITES & INSIGHTS 8/25**