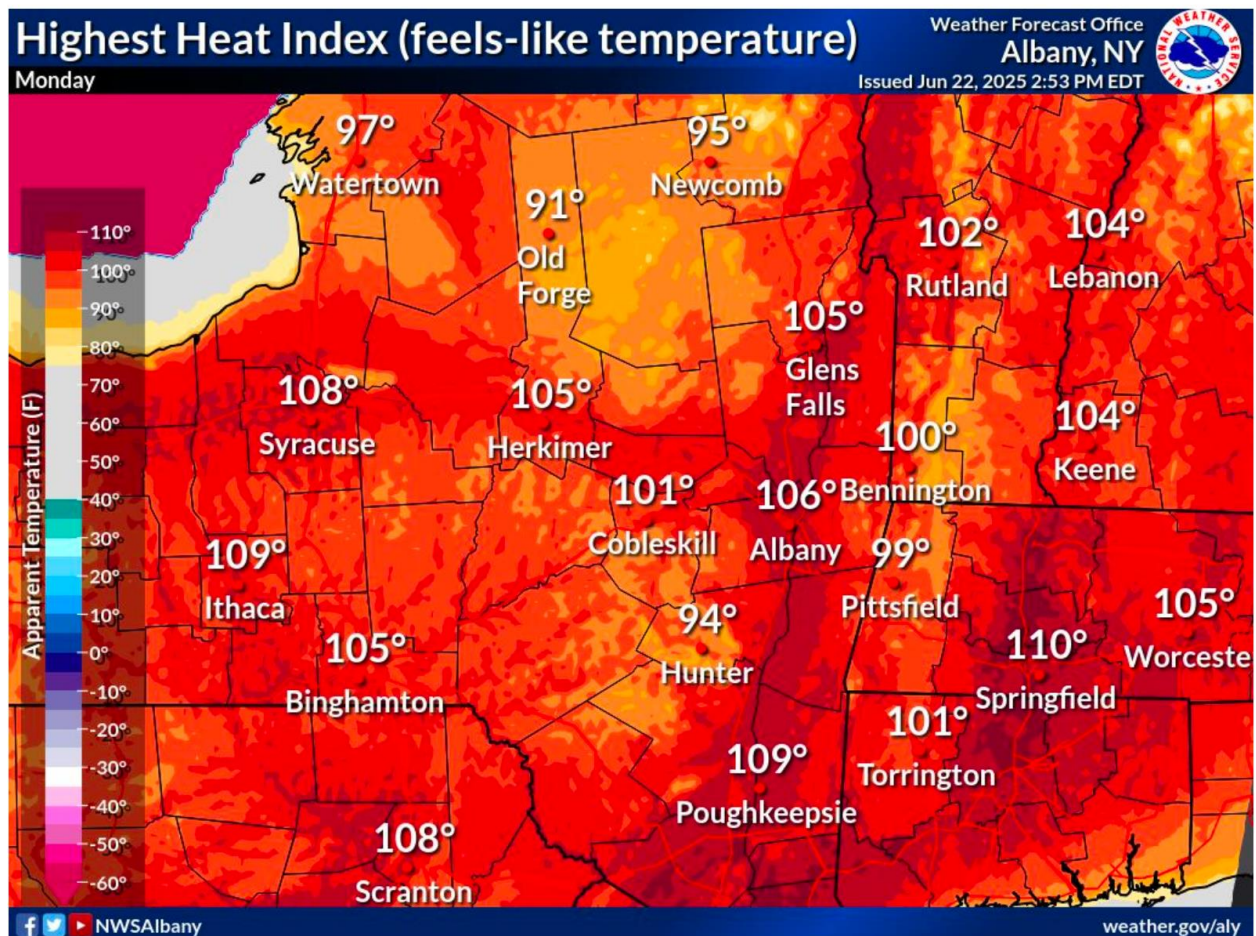


LATEST FORECAST

Heat Advisories continue for most valley areas through 8 pm this evening, with Heat Advisories and Excessive Heat Warnings for much of the region for Monday and Tuesday. These dangerously high heat index values will lead to heat-related health impacts, especially for vulnerable populations and those sensitive to heat. The hot weather may continue into Wednesday, especially across the mid Hudson Valley and southern Litchfield County.

Max Heat Index Values - Monday



EXTREME HEAT WARNING - From Monday at 11am until Tuesday at 8pm.

Monday

Mostly sunny and hot, with a high near 98. Heat index values as high as 109.

Monday Night

Mostly clear, with a low around 72.

Tuesday

Sunny and hot, with a high near 99. Heat index values as high as 106.

Tuesday Night

Mostly clear, with a low around 74.

Wednesday

A chance of showers and thunderstorms after 2pm. Sunny and hot, with a high near 93. Chance of precipitation is 30%. New rainfall amounts of less than a tenth of an inch, except higher amounts possible in thunderstorms.



Heat Safety Tips and Resources are available here:

<https://www.weather.gov/safety/heat>

[Heat Safety Tips and Resources - National Weather Service](https://www.weather.gov/safety/heat)

Heat is the leading weather-related killer in the United States, resulting in hundreds of fatalities each year. Heat can be very taxing on the body and can lead to heat related illnesses or make existing health conditions worse. Everyone can be vulnerable to heat, but some more so than others.

www.weather.gov

PRE-DESIGNATED COUNTY-WIDE COOLING CENTERS

Dutchess County maintains a list of pre-designated cooling centers, facilitated by our partner libraries.

<https://www.dutchessny.gov/Departments/DBCH/Cooling-Centers-in-Dutchess-County-New-York.htm>

This list is available on both the Dutchess County website (above), and the New York State Department of Health website.