



# LaGrange Walking Club

Want to improve your fitness while having fun?

Join Sandy, LaGrange Parks & Recreation Director for a scenic walk through the park.

**When:** Tuesdays & Thursdays beginning April 18th

**Time:** Mornings 9:30am

**Where:** Stringham Park  
78 Stringham Road  
LaGrangeville, NY 12540



Put on your walking shoes and bring a bottle of water. We will meet at the path entrance behind the 9/11 Memorial Garden near the Keith's Pond rock.



All fitness levels welcome!!

Please, no dogs. Strollers are okay.

For more information call the Recreation Department at 452-1972 or visit our website at [www.lagrangeny.gov](http://www.lagrangeny.gov).